

Leading Lady 2006

*What are your 2006's personal goals
In these five areas?*

Mental/Knowledge

Do you have books that you would like to read but never had the chance ?

What do you read most of the time? Fiction? Non-fiction? Magazine?

Do you want to try reading something new and different?

Do you want to take a class or volunteer?

Do you have any hobbies that you want to continue to do in this year?

Painting? Photography? Singing? Dancing? Crafting ?

Do you want to challenge yourself with some new things that you have been afraid to try?

Who is the most smart woman in history or in your life you really admired?

Why? What can you learn from her?

Do you have any girl friends you would like to share with her this week?

Do you have daughter you can share with her?

Emotional / Relationships

How do you handle yourself when you face : anger, fear, joy, sorrow, depress, excitement, pressure, unfairness, rejection, praises, criticism,....

What is your relationship with your family members? Friends? Colleagues ?

How do you describe it?

Can you list 20 things you think you are good at?

Can you list 20 things you can think to praises your parents?

What is the temperature between you and your husband, cold, neutral, hot?

Do your children feel free to come to you with their problems?

Do your children know that you will stand with them and love them, no matter what?

Your appearance/ health

Do you like yourself when you look into the mirror ? skin, shape, hair, ...

Can you list 20 things you think you are beautiful about yourself..

Would you spend money on your hair regularly?

Do you know what color is best to fit you? And style?

How is your health level ? Do you get cold easier than other people?

Are you tired all the time?

Do you feel stressed and stretched to your limit most of the time?

Do you eat enough fruits and vegetables?

Do you eat too much sugar?

Do you exercise regularly ?

Do you give yourself permission to relax and do something nice for yourself?

What is your weight ? Is the number under , above, or just right ?

Your finances /freedom

1. Do you jump out of bed in the morning refreshed?

2. Are you excited to start each day no matter what you have to do?

3. Do you have passion for the work that you're doing?

4. Do you laugh every day?

5. Are you surrounded by people you love, admire and respect?

6. Are you surrounded by people who love, admire and respect you?

7. What is your finance IQ?

8. What is your finance balance? If you died today do you left some money for your love one or lots of debt?

9. How badly do you want to have finance freedom? What is your understanding of finance freedom?

10. Are you afraid of fail in this area? If so, how can you make this a strength?

11 Are you willing to educate yourself on the essential components of a successful finance ?

12. What is your \$\$\$\$ goal at 2006 ? How do you achieve it?

You and your creator

Do you know you can directly talk to your creator?

How often do you talk to Him?

Do you believe he has good thought for you?

Do you know you are the apple of his eyes?

Do you trust his blue print is bigger than yours?

Do you think he want you to be Beautiful? Rich? Intelligent? Sweet?

Lovely? Sharp? And like Your talent?

Talk to Him now....

Self-Analysis Questionnaire for Personal Inventory.

Now, write down what you **LOVE** about your life.

Then, write down what you're **not** satisfied with.

In most business every three month you need to go through a check lists to see whether you reach your goals or not.. these are some thoughts for you .

Remember that your are your own boss, your destiny is in your hands.

This is the first step of becoming a leader, you have to know how to lead yourself...

--be specific

--be realistic,

--make your progress measurable,

--set short-term and long-term goals,

--be accountable to someone you trust,

--review your progress periodically.

*---ordinary woman doing extraordinary
work, what are you going to said? You are
Beautiful--- joy wu*

